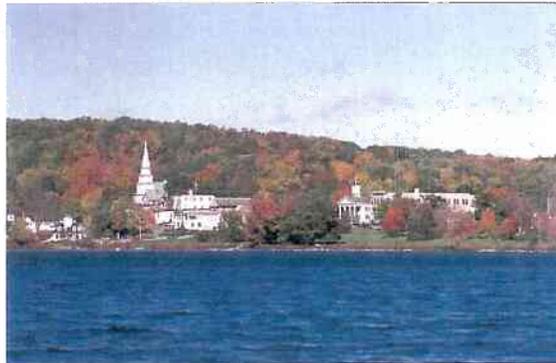


*See the person not the illness, take action, take
the pledge and be...*

stigmafree

#IAmStigmafree

Putnam County Third Annual Mental Health Awareness Walk **You are not alone!**



Saturday, May 14th 2016 9 AM – Noon

Registration must be turned in by 8:50 AM

Round trip: Carmel Fire Dept. → Putnam County Bike Path

Participants and friends of NAMI Putnam County:

We are sponsoring this walk to raise the awareness that mental illness is a disease of the brain and just like any other illness it can be diagnosed and treated. Recovery is not only possible it can be expected. We need your help to continue to support families and individuals in Putnam County who are struggling with mental illness. ALL proceeds will help fund the FREE educational, advocacy and support services that NAMI Putnam provides. To reach our goal, we hope that each participant or friend finds 8 sponsors: your family, your friend, or your co-worker, to support this cause. **For more information and to register visit us on the web at: www.namiputnam.org**

Visit us on the web at: www.namiputnam.org
For more information call (845) 363-1478
NAMIPutnam@gmail.com